



TRAVERSE ALASKA Day Trip Preparation

Things to expect:

Traverse Alaska operates using the '[Leave No Trace](#)' principles. Clients will be responsible for packing out *all* personal waste (including food scraps and toilet paper) from the trip.

Clients should be prepared for *up to* 8 hours of activity (total drive + trip time). Drive time for most of our hiking locations is approximately 1-1.5 hours round trip. Guests will be responsible for carrying all personal gear including water and food. Lunch is not provided for our day trips unless ordered with your booking.

Temperatures during Alaska summer can range from approximately 30F to 75F (-1C to 24C) with the chance of rain, snow or wind a constant possibility. **Our required gear list is intended to ensure client safety during your trip.** A Traverse Alaska guide will review client gear prior to traveling into the backcountry.

What we provide:

- Trekking poles (if requested)
- GPS and emergency communication device
- Basic first aid kit
- Backcountry toilet kit including:
 - Shovel (scat holes should be 6"-8" deep)
 - Toilet paper
 - Pack out bags
 - Hand sanitizer

The following page outlines required gear for your trip. If you would like to discuss gear questions, don't hesitate to [contact us](#).

Recommended Clothing/Footwear - NO COTTON!

Gear	Needed for	Fabric recommended	Examples
Midweight thermal/long underwear	Base layer	Synthetic or wool	Synthetic: Patagonia midweight crew available in men's and women's , or similar. Wool: Minus33 midweight wool crew in men's and women's , or similar.
Hiking pants	Outer layer	Synthetic or wool	Synthetic: Patagonia pants in men's and women's , or similar. Wool: Icebreaker pants in men's and women's , or similar.
Long or sleeve shirt	Outer layer	Synthetic or wool	Synthetic: Patagonia options in men's and women's , or similar. Wool: Minus33 midweight options in men's and women's , or similar.
Zip up/pullover	Insulating layer	Fleece or wool	Patagonia options in men's and women's , or similar.
Puffy, compact jacket	Insulating layer	Synthetic or wool	Synthetic: Patagonia jackets available in men's and women's , or similar. Wool: Minus33 in men's and women's , or similar.
<u>Rain jacket (required)</u>	Waterproof shell	Gore-Tex	Patagonia options in men's and women's , or similar.
<u>Rain pants (required)</u>	Waterproof shell	Gore-Tex	Patagonia options in men's and women's , or similar.
Warm hat	Insulating layer	Synthetic or wool	Synthetic: Patagonia beanie , or similar. Wool: Minus33 beanie , or similar.
Liner gloves	Insulating layer	Fleece, wool or polypropylene	Outdoor Research gloves , or similar.
Hiking socks	Base layer	Wool	Darn Tough hiking socks, or similar. We recommend bringing an extra pair on your trip.
<u>Hiking boots (required)</u>	Trekking	Hiker's choice, <u>but boots should be worn in.</u>	For a heavier boot: Asolo , or similar. For a lightweight option: Salomon X Ultra , or similar.
Cap, visor or bucket hat	Sun protection	Hiker's choice	
Sunglasses	Sun protection	Hiker's choice	